

Testimonials

I just wanted to thank you for the way you have changed my life. I couldn't be happier right now and when I came in to meet you it was the lowest point of my life. I was angry depressed, blaming the world for my problems and had my son taken away from me.

Through you I realized that the drugs were the least of my problems. You challenged me to see that I was the problem and needed to change my outlook and behaviour. I am happy to tell you that I am nearly 2 years clean and have recently received full custody of my son as a single father.

Thank you for your patience and honesty and I wish you luck with your future.

Vince B. June 20, 2010

Robert Goulard has played a major part in my sobriety. His overall experience as a man, husband and recovering alcoholic made it easy for me to relate with him. Through this foundation he helped me lay my own foundation to become a good husband and father, the way my family deserves, while maintaining my sobriety. And for that I am truly thankful. **Brandon M. Sober since 02/ 04/09**

I have found working with Robert has been a life changing choice for me, his guidance and support has been the key to an incredible turnaround in my life.

Mark F

Rob is a true professional who is very committed to helping others. He is able to apply his expertise to address a wide variety of issues." **Joe F. Feb 5, 2011**

I know Rob to be very direct and well spoken about his current profession. He knows all too well the troubles people can have and can help. **Tom L.**

Rob is a very caring counsellor who listens and is always ready to help people.

Gil V. Feb 3/11